

YIELD: 8

# The Ultimate Instant Pot Fiesta Chicken

Instant Pot Fiesta Chicken is one of the easiest Instant Pot chicken recipes. Fiesta chicken is full of beans, corn, ranch, chicken and more.

**PREP TIME**  
5 minutes

**COOK TIME**  
12 minutes

**TOTAL TIME**  
17 minutes



## Ingredients

- 1 Pound Chicken Breast
- 16 oz Can of black beans
- 1 Pepper chopped
- 16 oz can of corn
- 2 Cans Rotel Tomatoes with Chillies
- 4 oz can Jalapenos (optional)
- 1 packet taco seasoning
- 1 packet ranch seasoning
- 2 Cups Rice uncooked
- 2 cups of water
- 16 oz Colby jack cheese

## Instructions

### Directions from thawed:

1. 2 cups of rice in the instant pot along with water.
2. Pour both packets of seasoning over the rice
3. On top place chicken, corn, Rotel, Black Beans, Jalapeno's, and Peppers.
4. Do not stir.
5. Place on manual LOW PRESSURE for 12 minutes.
6. Do a quick release.
7. Stir in Cheese.

### Directions to Freeze for a Freezer Meal:

1. Use a gallon size freezer bag
2. Add Chicken, tomatoes, beans, corn, seasonings, and peppers to the bag.
3. Freeze for up to 6 months

### **To cook From Frozen:**

1. Remove from freezer bag and place in the instant pot with 1 cup of water.
2. Cook on high pressure for 12 minutes with a natural release.
3. You can serve with [pre-frozen Rice](#)
4. Or you can add 2 cups of uncooked rice to the pot
5. Cook on LOW Pressure for 12 minutes
6. Do a quick release.
7. Stir in cheese.

### **Nutrition Information: YIELD: 8 SERVING SIZE: 1**

*Amount Per Serving:* CALORIES: 535 TOTAL FAT: 21g SATURATED FAT: 12g TRANS FAT: 0g  
UNSATURATED FAT: 8g CHOLESTEROL: 101mg SODIUM: 1331mg CARBOHYDRATES: 47g  
NET CARBOHYDRATES: 0g FIBER: 8g SUGAR: 5g SUGAR ALCOHOLS: 0g PROTEIN: 41g

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**CUISINE:** mexican